

Position	Bib no.	Name		M/F	Club	Age	Time
1	116	Tim	Iveson	Male	Builth & District Running Club	Open	17:05
2	92	Gareth	Lawrence	Male	Brecon Athletic Club	Open	18:39
3	119	Jacob	Iveson	Male	Builth & District Running Club	Open	19:15
4	102	Lee	Price	Male	Builth & District Running Club	Open	19:24
5	103	Stafford	Rees	Male	Builth & District Running Club	V50	20:11
6	90	David	Davies	Male		V60	20:50
7	89	Charlie	Northey	Male	Brecon Athletic Club	V50	20:56
8	121	Aimee	Ferguson	Female	Aberdare	Open	21:25
9	117	Tony	Davies	Male	Rhayader Running Club	V50	21:56
10	100	Chris	Probert	Male	Builth & District Running Club	Open	21:57
11	75	Gareth	Price	Male	Builth & District Running Club	Open	22:05
12	96	Adam	Aulsebrook	Male		Open	22:08
13	83	Gareth	Wood	Male		Open	22:16
14	62	Barry	Griffiths	Male	Brecon Athletic Club	V50	22:22
15	61	Jenny	Farrow	Female	Builth & District Running Club	Open	22:45
16	86	Kate	Jones	Female	Builth & District Running Club	Open	22:57
17	80	Gunvor	Troelsen	Female	Builth & District Running Club	V50	22:58
18	57	Steve	Davies	Male	Rhayader Running Club	Open	23:01
19	85	Andrew	Meadows	Male		Open	23:22
20	104	Laine	Skinner	Male	Brecon Athletic Club	Open	23:50
21	95	Phillip	Morris	Male	Builth & District Running Club	Open	23:57
22	108	Alun	Jenkins	Male	Rhayader Running Club	V50	24:00
23	76	Kai	Price	Male		JM	24:09
24	113	Polly	Kendrick	Female		Open	24:32
25	114	Owen	Cooper	Male	Builth & District Running Club	V70	24:47
26	109	Andrew	Cromie	Male		V50	25:14
27	105	Brynach	Skinner	Male	Brecon Athletic Club	JM	25:24
28	118	Roy	Williams	Male	Rhayader Running Club	V50	25:34

29	115	Suzanne	Kendrick	Female	Rhayader Running Club	V50	25:43
30	78	Reece	Simmons	Male		Open	25:51
31	82	Linda	Westlake	Female		V60	25:52
32	68	Carla	Kizler	Female		Open	26:01
33	110	Rose	Thomas	Female	Rhayader Running Club	V60	26:09
34	58	Catherine	Ealey-Fitzgerald	Female	Rhayader Running Club	Open	26:38
35	111	Lewis	Ward	Male		JM	26:45
36	91	Alexandra	Marsh	Female	Brecon Athletic Club	Open	26:46
37	67	Hannah	Jones	Female		Open	26:57
38	73	Marilyn	Power	Female		Open	27:32
39	107	Dee	Davies	Female	Rhayader Running Club	Open	27:42
40	99	Gareth	Morris	Male	Builth & District Running Club	V50	27:43
41	93	Melanie	Graham	Female	Builth & District Running Club	V50	28:12
42	122	Lucy	Claridge	Female		JF	28:13
43	84	Alan	Bridson	Male	Builth & District Running Club	Open	28:55
44	94	Sophie	Hopkins	Female		Open	29:05
45	120	Katherine	Isherwood	Female		Open	29:17
46	74	Carla	Price	Female		Open	29:51
47	72	Sarah	Powell	Female		Open	30:04
48	112	Emma	Gittoes	Female		Open	30:05
49	59	Samantha	Evans	Female	Just Moves	Open	30:17
50	54	Tara	Bonwick Smith	Female	Just Moves	Open	30:26
51	56	Matt	Cocking	Male		Open	30:28
52	88	Paul	Evans	Male	Brecon Athletic Club	Open	30:53
53	77	Tara	Simmons	Female		Open	31:33
54	79	Nicole	Stevens	Female	Just Moves	Open	31:34
55	53	Hazel	Aulsebrook	Female	Builth & District Running Club	V50	31:52
56	71	Caroline	Moscrop	Female		V50	32:08
57	97	Steve	Benbow	Male		V70	32:12
58	55	Debbie	Brooks	Female		Open	32:20
59	87	Emily	Bujok	Female	Builth & District Running Club	Open	33:21
60	60	Steven	Evans	Male	Builth & District Running Club	V60	34:36
61	101	Jan	Powell	Female	Just Moves	V50	34:49
62	106	Callum	Morris	Male	Brecon Athletic Club	JM	35:40
63	81	Emma	Wallace	Female		Open	36:21
64	63	Joanne	Hammonds	Female		Open	36:21

65	98	Liz	Benbow	Female		V60	37:15
66	65	Sarah	Helliwell	Female		Open	28:24
67	66	Keith	Helliwell	Male	Builth & District Running Club	Open	38:24