

Position	Bib no.	Name	Age	Club	Time
1	48	Matthew Jones	Open		16:41
2	75	Tim Iveson	Open		16:42
3	37	Ewan Price Davies	Open		17:03
4	40	Phil Morris	Open		17:24
5	28	Gareth Lawrence	Open		17:49
6	17	Iwan Coyle	MJ		17:58
7	51	Aled Breeze	MJ		18:04
8	65	Dave Thomas	Open		18:40
9	22	Lee Shackleton	MV50		19:36
10	33	Aimee Ferguson	Open		20:38
11	56	David Manuel	Open		21:10
12	14	Rob Saunders	Open		21:28
13	36	Gareth Price	Open		21:57
14	68	Keegan McGing	MJ		22:09
15	58	Tom Offa	MJ		22:25
16	32	Barry Griffiths	MV50		22:32
17	62	Ifan Jones	MV50		22:34
18	34	John Parry	MV60		22:52
19	60	Ciaran Price	MJ		22:58
20	73	Stafford Rees	Open		23:03
21	5	Ceri David	MJ		23:07
22	77	Gareth Davies	MV50		23:20
23	72	Brynach Skinner			23:28
24	76	Amy Davies	Open		23:30
25	30	Finley Cole	MJ		23:35
26	31	Andrew Meadows	Open		23:36
27	47	Connor Grannell	Open		23:39
28	39	Linda Hammond	FV50		23:45
29	6	Elis Jones	MJ		23:46
30	16	Lisa Boucher	Open		24:13
31	61	Alecs Williams	MJ		24:17
32	50	Jayne Breeze	Open		24:19
33	21	Hali-Rae Morris	FJ		24:25
34	63	Alun Jenkins	MV50		24:26
35	15	Lianne Rollinson	Open		25:07
36	26	Rose Thomas	FV60		25:10
37	66	Suzanne Kendrick	FV50		25:11
38	20	Gunvor Troelsen	FV50		25:14
39	7	Tiegan Ward	FJ		25:19
40	8	Emma Bagshaw	FV50		25:20
41	23	Daniel Graham	Open		25:49
42	64	Sandy Brown	MV50		25:54
43	1	Paul Price	MV50	BaD	26:04
44	11	Liam Daly	MV50		26:08
45	27	Alexandra Marsh	Open		26:09
46	74	Vicki Morris	Open		26:10
47	19	Ray Sharratt	MV70		26:27
48	80	Chris Offa	Open		26:30
49	29	Louise Cole	Open		26:35

Position	Bib no.	Name	Age	Club	Time
50	43	Gareth Morris	MV50		26:46
51	71	Aneurin Skinner			27:00
52	52	Stuart Cripps	Open		27:03
53	53	Piper Lloyd	FJ		27:15
54	10	Kiera Owen	FJ		27:16
55	12	Steve Orrells	MV60		27:18
56	18	Erin-Lois Coyle	FJ		27:23
57	42	Hannah Jones	Open		27:28
58	41	Cecilia Harmon	Open		27:30
59	9	Cath Ealey-Fitzgerald	Open		27:37
60	3	Hannah Bridgeman	Open		27:53
61	4	Anna Jarvis	Open		27:53
62	2	Donna Price	FV50		27:53
63	35	Jac Price	MJ		28:03
64	54	Sharon Lloyd	FV50		28:15
65	57	Jan Manue	FV50		28:31
66	70	Sara Skinner	Open		29:34
67	69	Laine Skinner	Open		29:34
68	55	Marilyn Power	Open		30:07
69	13	Caroline Orrells	FV60		30:22
70	78	Desiree Lubron	Open		31:04
71	79	Tara Bonwick-Smith	Open		31:04
72	44	Steve Sealy	Open		31:41
73	46	Anne Powell	FV60		31:55
74	59	Diane Jones	Open		31:58
75	49	Annette Davies	FV50		32:14
76	38	Kevin Hughes	Open		32:26
77	25	Tmai Omelia	Open		32:37
78	45	Steve Evans	MV60		32:52
79	67	Gina Donachie	Open		34:01
dnf	24	Lois Newton	Open		