



BUILTH & DISTRICT RUNNING CLUB

(Licence: 2019-36717)

Date: Sunday 20 January 2019

Start: 11:00 a.m. Royal Welsh Showground, Builth Wells LD2 3SY

Route: A traffic-free two-lap course within the Showground

Fee: £8 non club runner; £6 club runner; £3 junior (ages 11–16)

Prizes: First three senior men & ladies, first three junior boys & girls; first male V50, V60, first female V50, V60

PRE-ENTRY BY 16TH JANUARY TO: Builth & District RC, Castle Crab Farm, Disserseth, Builth Wells, LD2 3TL. Cheques payable to BADRC

- Pre-entered runners will be required to collect their number on race day.
- On-the-day registration 9:30 a.m. to 10:45 a.m., Trophy Room, Showground

Bad Weather: Please check our website at www.BuilthandDistrictRC.com for information in the event of bad weather.

ENTRY FORM

Name: _____ Male/Female: ____

Address: _____

Tel.: _____

Email: _____

Age on Day of Race: _____

Affiliated Club: _____

AAW Reg. No.: _____

Fee (tick): £8 £6 £3

I enter this race at my own risk and accept that no responsibility is attached to the organizers of the 5k Resolution Run or their agents for any loss or injury resulting from participating in the event, however caused. I am an amateur as defined by the rules of UK Athletics.

Signed: _____ Date: _____