

Position	Bib no.	Name	Age	Club	Time
1	108	Tim Iveson	MS	Builth & District	16:32
2	90	Gareth Lawrence	MS	Brecon	19:13
3	101	Iwan Coyle	MJ	Brecon	19:24
4	105	Tiegan Ward	FJ	Brecon	20:25
5	95	Donna Morris	FS	Brecon	20:31
6	93	Christian Prynne	MS	Builth & District	21:32
7	88	Matt Samuel	MS		21:33
8	102	Joanne Rees	FS	Rhayader	21:51
9	85	Lee Jarvis	MS	Builth & District	21:58
10	91	Andrew Meadows	MS	Parc Bryn Bach	22:08
11	79	Max Hilliard	MS		22:17
12	110	Alun Jenkins	MV50	Rhayader	22:58
13	97	Gunvor Troelsen	FV50	Builth & District	23:01
14	78	Nicole Johnson	FS	Brecon	23:15
15	109	Thomas Hughes	MJ	Brecon	24:05
15	113	Ruben Edwards	MJ		24:05
17	111	George Lloyd	MJ		24:41
18	107	Steve Davies	MS	Rhayader	24:45
19	112	Amy Davies	FS	Builth & District	25:17
20	100	Gareth Morris	MV50	Builth & District	25:18
21	106	Suzanne Kendrick	FV50	Rhayader	25:22
22	99	Kate Mills	FS	Builth & District	25:23
23	77	Adam Johnson	MS		25:24
24	82	Daniel Graham	MS		25:30
25	84	Liam Daly	MV50	Builth & District	25:45
26	89	Rose Thomas	FV60	Rhayader	25:48
27	94	Ray Sharratt	MV60	Rhayader	26:10
28	103	Michelle Hall	FS	Rhayader	27:05
29	98	Vicki Morris	FS		27:29
30	104	Dee Davies	FS	Rhayader	27:47
31	83	Jade Price	FS		28:51
32	86	Joanne Davies	FS		32:45
33	81	Manon Williams	MS	Sarn Helen	33:08
34	87	Andrea Burton	FS		35:55
35	92	Iona Seymour	FV60	Rhayader	40:15
	80	Aled Williams	MV50	Sarn Helen	dnf